

2025-2026

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# First Year Confirmation Packet

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## Welcome Letter

The goal of this ministry is to help prepare teens to receive the last sacrament of Initiation-Confirmation. We are very excited that you and your family have chosen to prepare to receive this sacrament! Preparation for this sacrament should be undertaken by you and your family and flow from the family's participation in the Catholic faith and your desire for the sacrament. We pray this time of preparation will be a time of spiritual growth as well as a lot of fun.

"Preparation for confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit...To this end, catechesis [preparation] for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community." (CCC 1309)

Our goal is to be true to this statement of preparation for Confirmation, as our meetings will not cover everything there is to know about the Catholic Church. Instead, it is our goal to build upon what you have been learning from your parents, through involvement with religious education throughout your life, and through the ministries here at St. Michael. It is our hope that at the end of this program you will know more about your faith, feel a sense of belonging in the Church, and be closer to Christ.

Receiving the Sacrament of Confirmation will complete your Sacraments of Initiation (Baptism, Eucharist, and Confirmation) but is far from the end of your spiritual growth. We hope you will not approach this time as the "last thing" you need to do in your faith, but another step as you continue to grow and go deeper into the beauty of the Catholic Church and the love of Christ. May God bless you during this time of preparation!

Joshua Rochon | Khanh Tran

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## Deadlines and Events

September 15	First Day of Class
November 21	Saint Paper
January 31	Sponsor Paperwork/Documents Due
February tbd	Quiz on Curriculum
March 28	1st Year Confirmation Retreat at Parish Hall 9AM-1PM
April 3	Living Stations "Mandatory for all Students"
April 20	Last Day of Class/Party

## Additional Sacrament Prep Classes

Any teens who are also preparing for additional sacraments (Baptism/First Communion/Reconciliation) Parents must attend class, the days that we cover this curriculum. These days will be clearly marked on the confirmation calendar.

## Communication

Communication is key in this ministry. Flock note will be used to distribute information via text and email. Please create a new contact in your texts/emails: [mail@flocknote.com](mailto:mail@flocknote.com)

## Attendance Policy

Attendance is mandatory as it is essential each student is learning the teachings of the Church that will help foster a deeper relationship with Christ and with one another.

### Class Attendance

- Students will sign in at the beginning of every class. Please note, that if they do not sign in we have no way to verify that they did attend the class.
- Due to the importance of class, we only allow three unexcused absences throughout the year.
- If a student misses a class, they are expected to complete the lesson in their work book, and present it to the teacher at the next class session.

## Mass Attendance

- Mass attendance is a precept of the Church and Church law. Students and families are expected to attend all Sunday Masses and Holy Days of Obligations.

## Retreat Attendance

- Students are required to attend a Confirmation retreat.
- The hope is that all students can attend the St. Michael Confirmation Retreat. If it is not possible, the student must attend another Confirmation Retreat at another Catholic church--it will be the candidate and/or the parents' responsibility to find another retreat.

## Community Service Guidelines

Community service is required to aid in the development of a servant's heart and a true spirit of serving others. Service hours can be completed at St. Michael's or outside. At least half of the total hours MUST come from St. Michael's. All service hours should be done in a way that is safe for all parties involved.

20 hours total with at least ONE service project INCLUDED within the total hours throughout the two years of Confirmation prep

- Students are in charge of logging their own hours, receiving a supervisor signature, and writing up their service projects. Coordinators are NOT responsible of keeping track of hours.
- Students may only earn up to 10 hours from one service.
- Service projects should last at least 2 hours or more which benefits others in the church or community. It is a time commitment and significant investment of self.
- Service projects completed in the summer may count.
- Any time service is done at St. Michael's, the student *must* wear a volunteer badge. A volunteer badge may be obtained through the Safe Environment Coordinator, Diane Salazar (dianes@stmichaelgarland.org).

Please see Service Project/Hours on page 6-7 for ideas.

**Service hours/project hours will start being collected Jan 31, 2026.**

## Qualifications for Sponsor

We are called to holiness and to become a saint. To do so, we must learn from other holy people. A Confirmation sponsor should be someone who pushes us out of our comfort zone and to be strive for greatness and holiness. They will be another person to guide us, pray for us, help us grow in our faith, and walk the journey towards heaven with us. They will have a responsibility to ensure we act as a true witness to Christ and we are prepared for Confirmation.

The chosen Confirmation sponsor (at least 16 years old) must be:

- In good standing with the Church
  - living a sacramental life by attending Mass every Sunday and Holy Day of Obligation and Reconciliation frequently
- Received all the Sacraments of Initiation
  - Baptism, Eucharist, Confirmation
- If married, recognized through the Roman Catholic Church
  - If divorced or remarried, the 1st marriage is annulled by the Roman Catholic Church
- Cannot be a parent of the candidate

If the sponsor is unable to be at the Confirmation Mass, another Catholic in good standing may be asked to "stand in" (proxy) at the actual ceremony (cannot be a parent). Contact Youth Ministry Office if a proxy is needed. A good standing form/info sheet and copies of the certificates of their sacraments must be turned in for all sponsors/proxies.

**Sponsor paperwork/certificates are due January 31, 2026.**

# First Year Confirmation Packet

## Saint Paper | First Year Students

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The name of the saint chosen is the name the student will confirmed under. As Catholics, we know the power of having the saints pray (or intercede) for us.

The saints are all patrons of different things, meaning they are the special protector or supporter of certain areas. Our Confirmation saint is someone we develop a close relationship to and ask for their intercession throughout our lives and especially during Confirmation preparation.

The paper is typed and should include factual info about the saint; when the saint was born and where they died; where the saint was from; what the saint's life was like, why this person is a saint; why the student chose the saint; and a bibliography. Font: Times New Roman, Font Size: 12, double spaced, 1-2 pages long

**DUE: November 21, 2026**

## Community Service Hours Ideas

### Service Hours Reflection (1hr per, up to 5hrs)

Watch/read up to 5 videos/stories and write a 2-3 sentence summary.

#### Videos

- Please search through the playlist for which videos interest the student:  
<https://bit.ly/2QqRPgW>

#### Bible Stories

- Genesis 22:1-19
- Genesis 37
- 1 Samuel 3:1-19
- 2 Chronicles 6:12-7:22
- Tobit 5-6
- Psalm 138
- Proverbs 2
- Matthew 26:36-46
- Mark 2:1-17
- Luke 9:37-49
- Luke 15:11-32
- John 21:1-19
- Acts 16:16-40
- Revelation 3:14-22

### Service Hours (1.5hrs per)

- Visit a gravesite to pray, put out flowers

# First Year Confirmation Packet

- Write encouraging letters and send them
- Write and deliver cards to an assisted living facility
- Set the table, do the dishes for dinner
- Pray the rosary/Divine Mercy Chaplet
- Make "Blessing Bags" to keep in your car and handout to those in need (1hr per 3 bags/up to 5hrs)
- Donate canned foods (1hr per 3 items/up to 5hrs)

## Service Hours Project Ideas (4hrs per service project//More TBA)

- Trunk or Treat | Contact Diane Salazar
- Plant a garden or tree
- Make at least 15 prayer cards and deliver to people
- Clean out your closet and donate to St. Vincent de Paul
- Make fleece blankets for hospitals

# CONFIRMATION PAPERWORK

Turn these in as you complete each requirement.

Keep a copy for your records.

**DON'T FORGET:**

**Letter/Saint Paper**

**DUE: NOVEMBER 21, 2026**

**Sponsor Forms/Certificates**

**DUE: January 31, 2026**

PDF Packet available online at

[www.stmichaelgarland.org](http://www.stmichaelgarland.org)





**CONFIRMATION SPONSOR INFORMATION FORM  
ST. MICHAEL THE ARCHANGEL - GARLAND**

**DUE: January 31, 2026**

Candidate Name: \_\_\_\_\_

Candidate's Saint Name: \_\_\_\_\_

Sponsor's Full Name: \_\_\_\_\_

Sponsor's Street Address: \_\_\_\_\_ Apt \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sponsor's Email Address: \_\_\_\_\_ Phone# \_\_\_\_\_

- 1. Has Sponsor Received:
 

Baptism	YES	NO
Confirmation	YES	NO
First Communion	YES	NO

*(If you answered NO to any, then you will need to ask another to be your Confirmation Sponsor)*

- 2. Is Sponsor a practicing Catholic?      YES      NO

*(If you answered NO, then you will need to ask another to be your Confirmation Sponsor)*

- 3. Sponsor's Current Marital Status:
 

Single	Married	Divorced	Widow
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- 4. If married, is the marriage in the Roman Catholic Church or is it recognized as Sacramental?      YES      NO      N/A

*(If you answered NO, then you will need to ask another to be your Confirmation Sponsor)*

- 5. If divorced, is the person remarried?      YES      NO      N/A

- a. If remarried, was the 1st marriage annulled by the Catholic Church?
 

YES	NO	N/A
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*(If you answered NO, then you will need to ask another to be your Confirmation Sponsor)*

- 6. Is sponsor 16 or older?      YES      NO

- 7. Relationship to the Sponsor: \_\_\_\_\_

**PLEASE NOTE: A person must answer "YES" to questions 1, 2, 4,5a (if married), and 6 to be able to be a Confirmation Sponsor.**

**CONFIRMATION GOOD STANDING FORM  
ST. MICHAEL THE ARCHANGEL - GARLAND**

**DUE: January 31, 2026**

Sponsor's Name: \_\_\_\_\_

I wish to be a Sponsor for: \_\_\_\_\_

I am a registered parishioner of: \_\_\_\_\_ (Parish)

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Per the 1983 Canon Law and Pastor's Policy, sponsors must:

- Be registered and an active member of a parish
- Have received the three (3) Sacraments of Initiation
  - Baptism, Eucharist, Confirmation
- If applicable, must be married in the Catholic Church

**ALL DOCUMENTS MUST BE ATTACHED TO THIS FORM**

- Copy of Baptism, 1st Communion and Confirmation Certificate
- Copy of Marriage Certificate, if applicable (Must be married in Catholic Church)
- This "Letter of Good Standing", signed and sealed by the Secretary or Pastor of current parish

In accepting this responsibility, I affirm that I will support the above named Candidate in his/her effort to live a Christian life that reflects the spirit of the teachings of the Catholic faith.

Sponsor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I certify that the person noted above is a registered member of this parish and is in good standing.

Parish Secretary/Pastor Name (Please Print) \_\_\_\_\_

Parish Secretary/Pastor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PARISH SEAL MUST BE STAMPED ON THIS DOCUMENT**